An injury is considered **RECORDABLE** if the injury is work related **AND** results in lost time away from work **OR** treatment greater than first aid.

Lost Time Away from Work: The day of the injury is not included in lost time away from work.

Lost time starts the day after the injury.

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| **Recordable****(Treatment greater than first aid)** | **Non-Recordable** |
| \*Treatment directed or recommended by a health  care provider\*All treatment not listed as “non-recordable medical  treatment”\*Being prescribed medications (whether used or not, including the use of an Epi-Pen or epinephrine)\*Being prescribed over the counter medication  (non-prescription medication) at prescription  strength\*Prescription medication prescribed by a doctor (even  if another doctor states that it is not/was not  necessary; since a doctor prescribed medical  treatment)\*Administering immunizations in response to the injury or illness (Hepatitis B, rabies)\*Using wound closing devices such as sutures, glue,  staples, stitches, tape, Zip Stitch, or Clozex\*Using rigid devices (brace/splint) designed to  immobilize parts of the body \*Using physical therapy or chiropractic treatment  (including whirlpool treatment, ultrasound therapy,  kinesiology tape)\*Cold compression therapy devises (with an air  compression component)\*Use of trigger point injections\*Dislocated joint, regardless of treatment\*Loss of consciousness (fainting)\*Therapeutic exercises\*Administration of IV Narcan (naloxone)\*Needle stick injuries \*Cuts from sharp objects that are contaminated with another person’s blood or other potentially infectious material (OPIM)\*Splashed or exposed to blood or other OPIM without being cut or punctured ONLY IF it results in the diagnosis of a bloodborne illness | \* Doctor’s visits solely for observation\* Counseling\* X-ray, blood test, MRI, CT scan done for diagnostic  purposes\* Being prescribed over the counter medication as  directed\* Administering tetanus or diphtheria immunizations\* Cleaning, flushing, or soaking wounds on the  surface of the skin\* Using wound coverings (bandages, gauze pads,  butterfly bandages, Steri-strips, liquid bandage)\* Using hot or cold therapy (compresses, soaking,  nonprescription skin cream/lotion for local relief)\* Using any non-rigid means of support (elastic  bandages, wraps, non-rigid back belts)\* Administrating a prescription medication used solely  for diagnostic purposes (eye drops to dilate pupils)\* Using temporary immobilization devices while  transporting a victim (splints, slings, neck collars,  back boards)\* Drilling a nail to relieve pressure\* Intentionally self-inflicted injuries\* Damage to artificial or mechanical devices (dentures,  eyeglasses, canes, prosthetic arms and legs)\* Self-treatment/self-medication\* Active release techniques\* Draining fluid from a blister\* Using eye patches\* Removing foreign bodies from the eye using only  irrigation or a cotton swab\* Removing splinters or foreign material from areas  other than the eyes by irrigation, tweezers, cotton  swabs, or other means\* Using finger guards\* Using non-therapeutic massages (soft tissue  massages)\* Using a non-prescription medication at  nonprescription strength \* Drinking fluids for relief of heat disorders\* Administration of nasal Narcan (naloxone) *\*If there*  *is a loss of consciousness it is recordable even if nasal*  *Narcan is administered. \** |